



*Shine like the diamond
you are!*

Colourful Training & Coaching

Back 2Work Training

For everyone who has had enough of regular job application training courses and wants to acquire new insights and skills on the subject of finding work. It's normal these days: jobs get cancelled and hardworking people find themselves unemployed.

At first you're confident that everything will turn out fine. After three months of job applications and rejections, this confidence turns into concern: Will I find that job? After six months without work you get feelings of despair, you come up with excuses: it's because of the economic crisis, age, gender, background etc. Research shows that after a year of seeking employment stress increases the chances of physical and mental ailments. This can lead, for example, to depression and as a result people lose faith, start giving up, have little confidence and self-esteem, feel crestfallen and helpless. To make life bearable, people accept their situation. Subconsciously this has an effect on job application skills and reduces your chances during job interviews and networking.



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CTC continues where other job application training courses end. With us everything is about optimally developing your employability so you get AND keep that job. CTC recovers the intrinsic motivation together with the jobseeker. We think that working isn't just an activity to earn money, it's a lifestyle. You will learn to consciously choose for work, career or even better: mission. Everything balanced with your private life. In addition, you will learn to distinguish work and rejection from your identity. We help jobseekers to place themselves and the act of looking for a job in a positive perspective. They will receive powerful tools and will rediscover the fighting spirit, identity and confidence in a fun way. Many people who have attended our training courses are currently employed, happily and in good health!

What you can expect:

- * A three-week intensive training, 3 days a week (monday, wednesday, friday) goal: positive mindset with behavioural change and increasing chances on the labor market.
- * The training will include, among other things, the following topics: regular job application skills, in addition we will focus on the psyche and mental well-being: identity, personal leadership, x-factor, business culture, balance, goodwill factor, from surviving to living, image, limiting beliefs and many other topics.
- * This takes place in an environment of safety, trust and openness.
- * Music and physical activity (energizers) are part of the courses. This guarantees the courses will be fun. A job application training course has never been this much fun, educational and out-of-the-box!
- * You will leave the training with your Personal Power Plan (roadmap) to make your dream come true in terms of work and life. To give this good follow up and increase the chance of implementation, we use a buddy system



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